

Nubeqa- Darolutamide



- **Dosing**
 - ▶ Oral: 600 mg twice daily (two pills twice a day).
- **Administration**
 - ▶ Administer with food. Swallow tablets whole.
- **Side Effects**
 - ▶ Feeling more tired than usual, rash, neutropenia, changes in liver function tests.
- **Missed Dose**
 - ▶ Administer as soon as possible prior to the next scheduled dose; do not take 2 doses at the same time to make up for a missed dose.
- **Reproductive Considerations**
 - ▶ Males with female partners of reproductive potential should use effective contraception during darolutamide treatment and for 1 week after the last darolutamide dose.
- **Monitoring**
 - ▶ Baseline CBC w diff, CMP and then every 3 months thereafter.
 - ▶ PSA every 3 months or as clinically indicated.
- **Mechanism of Action**
 - ▶ Darolutamide is a competitive androgen receptor inhibitor. In addition to androgen binding inhibition, darolutamide also inhibits androgen receptor translocation and androgen receptor-mediated transcription. Keto-darolutamide (active metabolite) has similar in vitro activity to darolutamide. Androgen receptor inhibition results in decreased proliferation of prostate tumor cells and increased apoptosis, leading to a decrease in tumor volume.
 - ▶ In layman's terms: Nubeqa blocks testosterone from attaching to the androgen receptors, helping to delay the cancer cell from growing.
- **Storage**
 - ▶ Store Nubeqa at room temperature. Keep the bottle tightly closed after you first open it. Keep Nubeqa and all medicines out of reach of children.
- **Other Considerations**
 - ▶ Tell your healthcare provider about all the medicines you take including prescription and over-the-counter medicines, vitamins, and herbal supplements. Nubeqa may affect the way other medicines work and other medicines may affect how Nubeqa works.
 - ▶ **Notify MD with any new or worrisome side effects.**