



POST-CYSTOSCOPY DISCHARGE INSTRUCTIONS

1. Drink at least 8 glasses of liquids, preferably water, for the next 2 to 3 days. Other liquids such as tea, lemonade, sodas, and coffee are acceptable in moderation but should not constitute your only liquid intake.
2. Resume your daily prescription medications as instructed by your provider. Start any new prescriptions as instructed by your urologist.
3. Continue your regular diet unless advised by your provider.
4. Some irritation or discomfort when you empty your bladder is common for the next 24 hours after this procedure. You may also experience a small amount of blood in your urine, some increased urgency and increased frequency during this time. All of these are normal. **If you pass large blood clots or the amount of blood increases, please contact your doctor.**
5. **If you develop a fever of over 101.5 degrees or more in the next 24 hours, contact your doctor.**
6. **If you are unable to urinate within 8 hours, please call your doctor's office or go the nearest emergency room.**
7. Please make a follow-up appointment office visit as instructed by your doctor. For questions or concerns, please call the office.

Patient Signature

DOB

Date of Service

If you have any problems, please contact the office.