



## BRACHYTHERAPY PREP INSTRUCTIONS

- Take one Fleet enema the evening prior to your scheduled procedure and another upon waking the morning of your procedure. Please keep in mind you must be at the hospital 2 hours prior to your procedure time.
- The day prior to the procedure, you may have a normal diet for breakfast and lunch.
- Start drinking clear liquids after lunch time the day prior to your scheduled procedure. Please make sure the liquids contain calories, especially if you are diabetic. Gatorade or similar sports drinks are good options.
- If you are currently taking any prescribed blood thinners (e.g. aspirin, Coumadin, Xarelto, Eliquis, Plavix, etc.), you may be asked to stop them prior to the procedure. The amount of time will depend on the specific medication. Please check with the prescribing doctor before discontinuing this medication, for instruction on when to stop and when to resume these medications.
- One week (7 days) prior to your biopsy, you should discontinue any anti-inflammatory medication (NSAIDs) such as Motrin, Advil, Aleve, or Naprosyn.
- If you were given an oral antibiotic to be taken prior to the procedure, please follow the specific instructions from your urologist.

**If you have any questions or concerns about the procedure or prep instructions, please contact the office.**