



PROSTATE BIOPSY DISCHARGE INSTRUCTIONS

- It is extremely important that you **take your antibiotics** as instructed by your doctor.
- **Increase your fluid intake for the next 1-2 days** to decrease formation of blood clots in your urine.
- If you experience discomfort in the rectum or base of your penis you may take Tylenol. **Do not take aspirin or anti-inflammatories** since these may increase risk of bleeding.
- **You may notice blood in your semen, urine, or stool.** This is normal and may last for up to a month. There is no need to call.
- **Limit your activities, particularly strenuous ones, for the next 24 hours.**
- If you take an aspirin or anti-inflammatory every day, you may start taking it in 3 days, assuming there is no more blood in your urine or stool. If you take a prescription blood thinner, you may start taking it again at the direction of the prescribing physician. You can continue to take all of your other medications.
- **CONTACT US AS SOON AS POSSIBLE IF ANY OF FOLLOWING OCCUR:**
 - Fever greater than 101, chills, burning with urination, excessive blood in the urine or stool, difficulty or inability to urinate.
- **Please schedule a follow-up appointment within 2 weeks to review the results of the biopsy.**

Patient Signature

DOB

Date of Service

If you have any problems, please contact the office.